

A FREE BODY

Workshop with Silvia Gribaudi

8-13 July 2024 | Beirut

The workshop is an experience of the poetic dimension that Silvia Gribaudi researches between the vivacity and presence of the body, where the cathartic dimension of humour and play are embodied in the expression of the body and of the gesture in each person. Through a proposal mixing contemporary dance training and clown, with a focus on the value of the fall, imperfection and mistake are considered as an expressive opportunity.

The workshop is organised in cooperation with the **Beirut Physical lab**; it will be held **from 8 to 12 July 2024**, five hours of activities each day, with an **open sharing on 13 July 2024**.

Silvia Gribaudi is an Italian choreographer who also specialises in performing arts in general. Since 2004 she has focused her research on the social impact of bodies, having set at the centre of her choreographic language the comic element and the relationship between audience and performers.

Award-winner of the Premio Giovane Danza D'Autore with her piece "A CORPO LIBERO"(2009), finalist at the Premio UBU for best dance show and finalist at the Premio Rete Critica award with R.OSA (2017), winner of the Premio CollaborAction#4 2018-2019, finalist at the Premio Rete Critica 2019, winner of the Premio DANZA&DANZA 2019 for best Italian production with the piece GRACES and Premio Histryo Corpo a Corpo 2021.

In 2021 she has been a guest choreographer at "Danser Encore, 30 solos pour 30 danseurs", a project for the Opéra de Lyon and in June 2023 her new production premiered: GRAND JETÉ, a coproduction by MM Contemporary Dance Company (IT), La Biennale de Lyon (FR), Théâtre de la Ville (FR), Rum för Dans (SE), Torinodanza Festival (IT), International Dance Festival TANEC PRAHA (CZ), Zodiak – Side Step Festival (FIN), National Theatre Brno within Theatre World Festival Brno (CZ) and the international network Big Pulse Dance Alliance.

Silvia Gribaudi is an associate artist at Le Gymnase CDCN (Roubaix - France) for the three-year period 2024-2026 and at Teatro Stabile di Torino (2025-2027). Her shows have been featured in a number of national and international festivals and are the result of a creative process that focuses on dialogue and on the poetic encounter with other artists, dance companies, and communities.

